

Dermal Anchors

- Keep the Dermal clean and protected in general, and **use a sterile band-aid** while you sleep or do any risky activities where you might bump it, at least for the first 2 weeks.
- Do your best to **avoid dusty, dirty environments and** avoid products on the Dermal area that will be harmful (ex. **Perfume, body lotion, soap, etc.**)
- **Keep pets away;**
- **Wash your hands** before you touch it;
- **Don't touch** the Dermal unless it's to do your cleaning routine, to avoid infections.

To clean your Dermal, you will be doing **saltwater soaks 2 times a day.**

Buy a **sterile saline solution** in a nearby pharmacy, soak a cotton ball in the saline solution and press it gently on the Dermal for about 5 minutes.

After 5 minutes remove it and wipe away any crusties from around the Dermal, very gently, with a cotton bud.

Very Important:

The only downside to dermal piercings is that they are very prone to **migration and rejection.**

Like any piercings, Dermals are also prone to **infections** if not treated right.

It's easy to bump a dermal piercing or catch it on your clothes and dislodge it--at least until it's fully healed.

That's why it's so important to practice good dermal piercing aftercare and to protect your piercing to the best of your ability, especially during the early days of the healing process, before your tissue has had a chance to grow up around the dermal anchor base and secure it in place.

Buy ready-made sterile saline solution in pharmacy, don't mix at home!

Come in for a checkup after **1 month-** for an update on how the piercing is healing!

If you think you might have an infection, it is advised to leave the jewelry in and contact your doctor immediately!